

Gemfibrozil (Lopid)

Description:

Gemfibrozil is classified as a Finofibric Acid medication. It is commonly used to treat elevated levels of cholesterol and triglycerides. It will also increase the good cholesterol, HDL.

Genetic Pathway: CYP 2C9 and CYP 2C19

Reason:

Decreasing the cholesterol and triglyceride levels and increasing HDL levels will help decrease vascular inflammation. This medication can also provide microvascular protection in Type II Diabetics and Metabolic Syndrome patients.



Directions:

Please take this medication as prescribed by your health care provider.

Gemfibrozil (Lopid): _____

Use is contraindicated in patients with Gallstones.

For more information about the use of Gemfibrozil and Statins please see the most recent paper listed below:
Gemfibrozil in Combination with Statins— Is It Really Contraindicated? Curr Atheroscler Rep (2016) 18: 18

Please notify your prescribing provider if you experience any of the following

- Muscle aches, pain or weakness
- Unusual headache
- Upset stomach, nausea or vomiting

Allergic reaction can happen with any medication. If you experience any of the following obtain medical assistance immediately:

- Difficulty breathing
- Swelling of the face, lips, tongue or throat
- Sever hives or rash

This medication should not be taken if you have had a previous allergic reaction, liver problems or women nursing, pregnant or may become pregnant.

Ask your provider about the safe use of alcoholic beverages while taking this medication.

“We need to keep your arteries cold so we can keep your body warm.”

We need to keep those arteries cold so we can keep your body warm.

I know those hot arteries will make my body cold!

