**RED FLAGS – SUPPLEMENTAL FORM**

IF ONE OR MORE RESPONSES ARE “YES”, FURTHER DIAGNOSIS IS RECOMMENDED

|  |  |  |  |
| --- | --- | --- | --- |
| **MEDICAL HISTORY** | **YES** | **NO** | **UNKNOWN** |
| Rheumatoid Arthritis |  |  |  |
| Lupus |  |  |  |
| Ankylosing Spondylitis (auto immune disease) |  |  |  |
| Psoriasis |  |  |  |
| Sjogren’s Syndrome |  |  |  |
| Crohn’s Disease |  |  |  |
| Asthma |  |  |  |
| Migraine |  |  |  |
| Hodgkin Lymphoma |  |  |  |
| Gout |  |  |  |
| Hypothyroidism |  |  |  |
| Erectile Disfunction |  |  |  |
| Proton pump inhibitor therapy |  |  |  |
| Helicobactor Phlori (stomach ulcer infection) |  |  |  |
| Sleep Issues (Interrupted Sleep or Obstructive Sleep Apnea) |  |  |  |
| Smoking or Chewing |  |  |  |
| Family history of heart attacks or strokes |  |  |  |
| Pre-diabetes or Metabolic Syndrome |  |  |  |
| Diabetes |  |  |  |
| Chronic Kidney disease |  |  |  |
| Gall stones |  |  |  |
| Kidney stones |  |  |  |
| Lead exposure |  |  |  |
| Working long hours (> 40 hrs/week |  |  |  |
| Dining out frequently (> 3 times/week |  |  |  |
| Shift work or fight/flight career i.e., fireman/women, policeman/women |  |  |  |
| Blood type B or AB |  |  |  |
| Waist circumference > 35” female or > 40” male |  |  |  |
| Fasting blood sugar > 100 |  |  |  |
| Hx breast cancer |  |  |  |
| Polycystic ovaries |  |  |  |
| Pre-eclampsia |  |  |  |
| Gestational diabetes |  |  |  |
| Miscarriages |  |  |  |
| Menopausal hot flashes |  |  |  |
| Divorce (history of) |  |  |  |
| Ear creases |  |  |  |
| Baldness – male pattern baldness |  |  |  |
| Xanthoma |  |  |  |
| Fordyce’s Granules |  |  |  |
| Resting Heart Rate > 75 bpm |  |  |  |
| Blood Pressure > 120/70 |  |  |  |
| Atrial Fibrillation |  |  |  |