

# Healthy Gums Secure More Than Teeth!

**Did you know that periodontal disease  
can lead to a heart attack or stroke?**

**Periodontal disease is a bacterial infection that affects**

- 50% of those 30+ years old
- 70% of those 50+ years old

**Periodontal disease caused by high risk bacteria can cause**

- Bleeding Gums
- Inflammation
- Tooth Loss
- Vascular inflammation, arterial disease,  
heart attacks and strokes

Periodontal disease is infectious and can spread to others.  
Sometimes it's obvious (bleeding gums or tooth loss).  
Often, it is silent, as we can't see or feel these dangerous bacteria.  
These bugs can enter the vascular system very easily and can  
cause heart attacks, strokes, and other chronic conditions.

## **Make Sure YOU Are Secure!**

**Have you been checked for these  
dangerous bacteria?**

**Talk to your dentist to find out more!**



*Arterial Health...for Life.*



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